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Brief description of your impact story or case study:

I would be happy to share about the impact my NPQLT has made in school as a middle leader, supporting other members of staff through mentoring and helping to implement high quality teaching strategies. This has included creating new opportunities for learners. I have also implemented a writing journals activity within form time to help learners with mental health and well-being. As a result of my NPQLT I have got more involved with supporting learners holistically and as a result have successfully gained a place on the NPQSENCO with NWL TSH to continue my development and NPQ journey.

What was the main change or impact your project had on your school/community?

Mentoring has enabled me to support the development of colleagues across the school, helping to embed high quality teaching. Promoting the implementation of writing journals, which are completed once a week in form and are private to the learners, meaning these are not read unless a learner asks us to. This has given learners a safe space to write any thoughts, worries or concerns down that have, which they can then choose to show a member of staff if they don't feel they can express it verbally. This has helped to identify learners who have not settled into secondary school and would benefit from additional support or nurture interventions.

What key learning or insights would you like to share with the broader NPQ community?

From the writing journals, learners are more likely to approach me with concerns or will ask me to read their journal, which has enabled changes and support to be implemented including speaking to other learners if it is a friendship issue, refer the learner for SEND support, or to recommend them for small group nurture sessions, helping to build their confidence in their new school environment.